

## KATAS LIST

### SHURI-TE (Master Itosu)

- 1 Naifanchin Shodan, Nidan, Sandan
- 2 Pinan (Heian), Shodan, Nidan, Sandan, Yondan, Godan
- 3 Bassai Dai, Bassai Syo
- 4 Kosokun (Kanku o Kusyanku), Dai, Syo, Shiho Kosokun
- 5 Jitte, Jion, Jiin (origen Tomari-Te)
- 6 Rohai Shodan, Nidan, Sandan
- 7 Wansyu, Wankan, Wandan
- 8 Chintei, Chinto (Gankaku), Chinsyu
- 9 Goju Shiho (Useishi)

### NAHA-TE

- 1 Gekisai Dai Ichi, Dai Ni
- 2 Tensyo
- 3 Sanchin
- 4 Seienchin
- 5 Seisan
- 6 Saifa
- 7 Sanseiru
- 8 Seipai
- 9 Shisochin
- 10 Kururunfa
- 11 Suparinpei

### KATAS MABUNI KENWA

- 1 Shinsei
- 2 Miojyo
- 3 Aoyagui (Seiryu)
- 4 Jyu Roku
- 5 Matsukaze (Wankan)

### TOMARI-TE (Master Aragaki)

- 1 Nisheishi (Nijyushiho)
- 2 Shochin
- 3 Unsyu (Unsu)

### TOMARI-TE

- 1 Tomari no Wansyu (Empi)
- 2 Tomari no Bassai
- 3 Tomari Chinto
- 4 Tomari no Rohai

### TOMARI-TE (Master Matsumora)

- 1 Matsumora no Bassai
- 2 Matsumora no Rohai
- 3 Matsumora no Wankan
- 4 Matsumora no A-nan

### OTHERS

- 1 Matsumora no Sesyan (Hangetsu)
- 2 Chantanyara no Kushyanku
- 3 Chibana no Kusyanku
- 4 Ishimine no Bassai
- 5 Kihan no Bassai
- 6 Oyadomari no Bassai
- 7 Shinpa
- 8 A-nanko

### CHINESE KATAS (Maestro Go Kenki)

- 1 Haffa, Hakkaku
- 2 Papporen
- 3 Nipaipo

### CHINESE KATAS (Maeter Nakaima)

- 1 Pachyu
- 2 Heiku
- 3 Paiku
- 4 A-nan

